

A Guide for International Visitors



UNIVERSIDAD
DE LA REPÚBLICA
URUGUAY

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Uruguay

The Oriental Republic of Uruguay is in South America.

It shares borders with the Federative Republic of Brazil to the northeast, the Republic of Argentina to the west and southwest, and has a coastline on the Atlantic Ocean to the south.

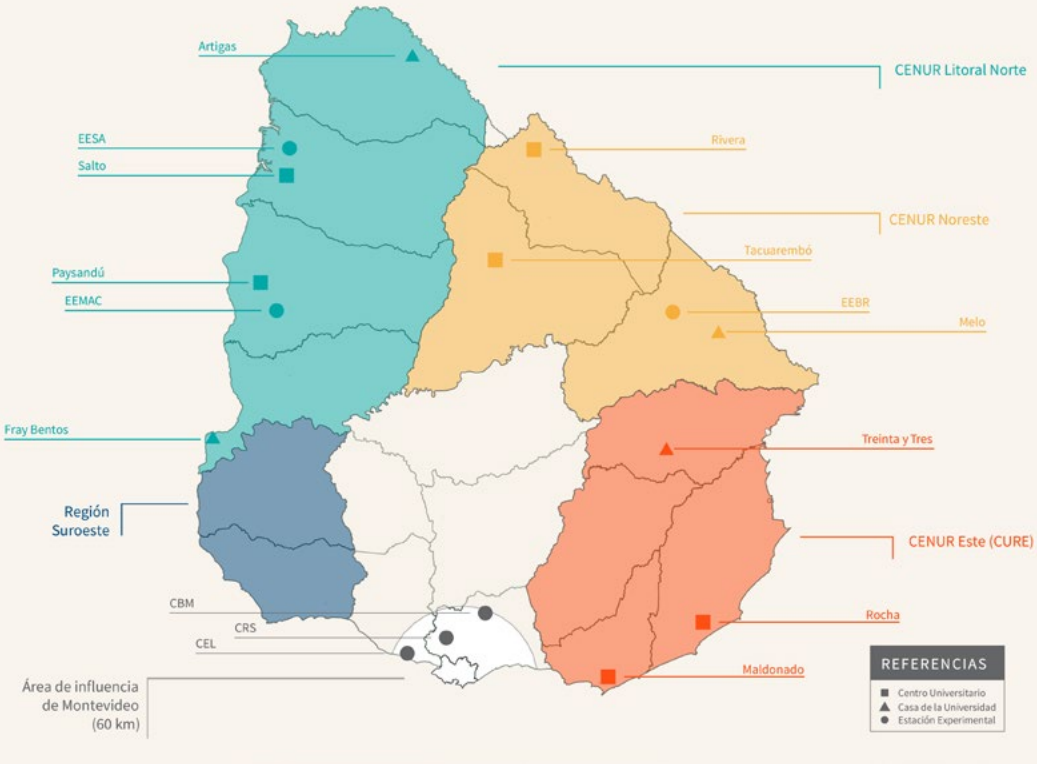
Uruguay is divided into 19 departments and 112 municipalities.

Its climate is temperate and humid with an average temperature of 17.5 °C / 63.5 °F.

January is the hottest month, and July is the coldest month.

Spanish is the official language.





Universidad de la República

Universidad de la República (University of the Republic of Uruguay) (Udelar) was founded on 18 July 1849 in Montevideo. It is currently present in thirteen of Uruguay's nineteen departments. The institution has fifteen schools, three institutes, six university schools, three consolidated regional university centers—one under development—and a university hospital.

Udelar's key features:

- It is politically and administratively autonomous.
- It provides unrestricted access to Uruguay residents.
- All its undergraduate programs are free.
- Its shared governance system includes students, teachers, and alumni of all university programs.

Udelar's three primary functions:

Teaching: It seeks to train autonomous critical thinkers that can undertake a learning process.

More info:
www.cse.udelar.edu.uy

Research: The intellectual and experimental activities that produce new knowledge in all fields and contribute to solving society's problems.

More info:
investigacion.udelar.edu.uy

Outreach: Focus on the relationship between the University, the community, and the environment. Implemented in activities where the institution collaborates with other actors to use knowledge with a social purpose.

More info:
extension.udelar.edu.uy

Governance structure

Udelar is a co-governed autonomous entity created under Articles 202 and 203 of Uruguay's Constitution. This means that decision-making and deliberative bodies of the University and its schools include teachers, students, and alumni.

Please scan the QR code below to learn how the Senate and Board sessions work.

The University bodies recognized in the relevant Organic Law are the University Senate, the Central Governing Board, the President, the School Councils, the Deans, the Senate of each school, and the bodies governing the institutes or services.

Useful information for students

International Relations Service

Contact: sri@internacionales.udelar.edu.uy

Address: Luisi Janicki: pioneras universitarias Campus. Alberto Lasplaces, 1620.

More info: udelar.edu.uy/internacionales

The International Relations Service (SRI) advises the Central Governing Board on international cooperation policies. Its duties include managing the University's international relations, academic exchanges, international agreements, cooperation, academic mobility, signing agreements, as well as managing various central programs.

Please contact the SRI if you have questions about how we manage student mobility. Each Udelar service and university center has a student mobility focal point working in the dean's office or specific departments. Please contact these focal points if you have any academic questions.



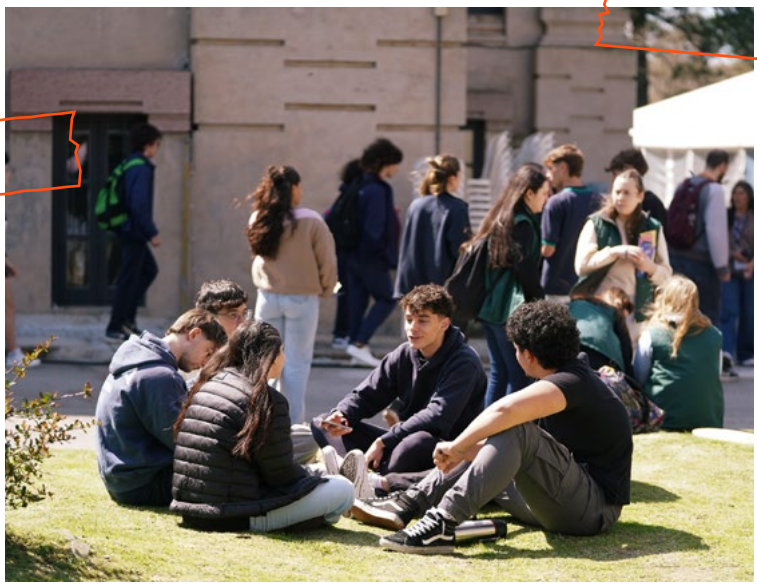


Progresa

The Learning Support Program (Progresa) aims to help democratize higher education. Thus, it seeks to help students fully participate in university life, enhance their educational pathways, and make the University's resources available to them.

Address:
Luisi Janicki: pioneras universitarias Campus. Alberto Lasplaces, 1620.

More info: www.cse.udelar.edu.uy/progresa



Central University Inclusion and Wellbeing Service

The Central University Inclusion and Wellbeing Service (SCIBU) aims to improve the quality of life of Udelar's students and staff.

To this end, it provides various services to facilitate students' access to and permanence at the University, as well as programs to support staff. SCIBU's proposals focus on culture, sports, health, food, and social programs.

Address: José Enrique Rodó 1839
More info: https://bienestar.udelar.edu.uy/

Central Unit to Prevent Violence, Harassment, and Discrimination

The Central Unit to Prevent Violence, Harassment, and Discrimination manages inquiries and receives, processes and follows up on complaints. It promotes and implements the instruments included in our institutional policy on violence, harassment, and discrimination, particularly those related to prevention. Please make an appointment by phone or email if you would like an in-person interview.

Tel. 2400 8393 int. 26100 | **Cell.** 091 085 060
Email: secretaria-ucvad@udelar.edu.uy
Office hours: 9:00 a 15:00

Address: Luisi Janicki: pioneras universitarias Campus. Alberto Lasplaces 1620.
More info: udelar.edu.uy/vad

University libraries

Udelar libraries are available at every university service. Students can access the material at all university libraries by registering at any school, institute, or university library.

Users can access a variety of services and resources:

BiUR is a database holding the catalogs of all Udelar's libraries and/or information units. You log in with your password, then you can search, view the history of borrowed books, renew loans, reserve material, and follow up on reservations.

Colibrí is Udelar's institutional repository with an open-access digital collection. It aims to preserve the institution's memory, make its production available to society, promote its dissemination and visibility, and facilitate the production of new material.

Access Colibrí at
colibri.udelar.edu.uy

Timbó is a platform that provides free, online access to the latest general and scientific-technological literature worldwide.

Access Timbó at
timbo.org.uy

Photograph: School of Engineering, Udelar.





Photograph: School of Law, Udelar.



Photograph: Faculty of Information and Communication, Udelar.

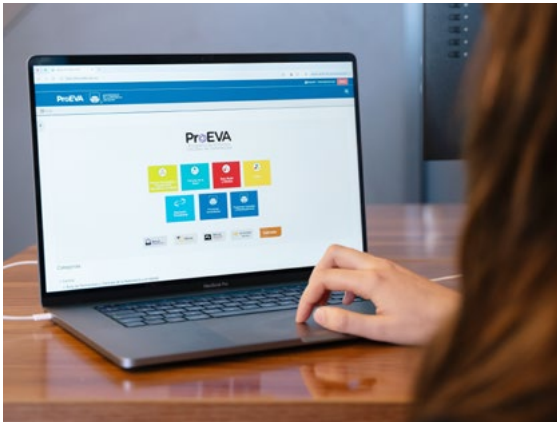
Virtual Learning Environment (VLE)

The VLE is an educational support platform for teachers and students based on Moodle. It provides access to ICT-enabled educational activities.

The tool enhances student participation in the classroom, allowing them to work remotely at any time using a computer/device with an Internet connection.

First, you must create a user and a student profile on the VLE to use the platform. You can then take part in this virtual environment, access courses and activities, and communicate with teachers and peers.

Please contact your school's Teaching Support Unit if you have questions about managing your VLE account or if you have difficulties using the platform.



Useful information for your stay

How to get to Montevideo

By air

The Carrasco International Airport is located in the Department of Canelones, 18 km/11 miles from downtown Montevideo.

aeropuertodecarrasco.com.uy

Overland

The Tres Cruces terminal is 3 km/1.8 miles from downtown Montevideo. It connects passengers with Argentina, Brazil, and Paraguay.

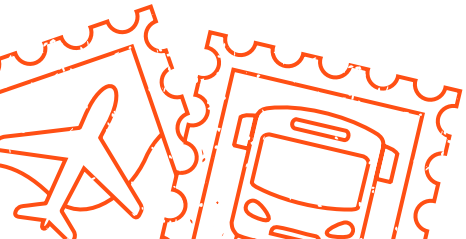
trescruces.com.uy/horarios-destinos

How to move around in the metropolitan area

By bus

The current rates are listed on the Metropolitan Transportation System (STM) website.

See rates



***Cómo ir* (How to get there)**

Enter the origin and destination data to get information about which bus line/s you need to get where you need to go.

montevideo.gub.uy/aplicacion/como-ir

Please see bus schedules at:
montevideo.gub.uy/horariosSTM

Please remember that bus frequency decreases considerably between 11 p.m. and 6 a.m.

Mobile apps:

Moovit

(available on Google Play and App Store)

App Store version

Google Play version

Cómo ir

(available on Google Play and App Store)

App Store version

Google Play version

Taxis

You can hail a taxi on the streets of Montevideo. Taxis have a base fare and a per-kilometer rate. The final price will depend on the trip's distance and duration.

Fares are higher between 10 p.m. and 6 a.m., as well as on holidays and Sundays.

You will find clearly marked taxi ranks at major points in the city, such as shopping malls, bus terminals, and downtown.

You can order a taxi through Uber, Cabify, or Easytaxi.

Others

You can use both Uber and Cabify in Montevideo.

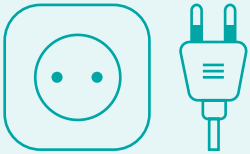
How to travel from Montevideo to other departments

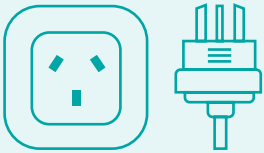
The usual way to travel outside the capital if you do not have your own transportation is by coach. The main departure point is the Tres Cruces terminal, which offers various ways to reach the other departments of Uruguay.

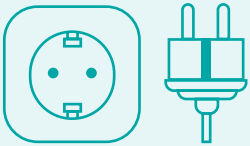
Emergencies
Police, Fire Department
and Ambulances: **911**

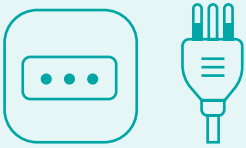
Electricity voltage

The usual voltage is 230 V, the frequency is 50 Hz, and the plugs are type C/I/F/L. However, we recommend visitors bring an adapter or transformer.


Type C


Type I


Type F


Type L

Places of interest in the University and Uruguay

Uruguay is well-known for its peace, beaches and wide cultural options. It allows visitors to discover unique landscapes and places. Udelar, as a significant part of the country's identity and institutions, is clearly present in the most important areas of Montevideo and several other departments thanks to our ongoing decentralization process.

The following is a list of reference sites in Uruguay and the University you can visit. The list aims to facilitate your tour of the country's most relevant sites and to invite you to discover other places not listed.

Learn more about the tourist destinations in Uruguay: **uruguay.uy/visitar**





Downtown (Montevideo)

School of Law

The headquarters of Udelar and its School of Law—a National Historic Monument since 1975—is the institution's most representative building. Opened in January 1911, it is located in a central plot on 18 de Julio, the city's primary avenue. Over time, the building has become a symbol of the university community and civic culture. It is also a venue that holds events and mobilizations.

Website:
fder.edu.uy

The University's Paranymph, also known as the great Public Assembly Hall, stands out among the building's areas. The University's main auditorium, which seats 700, is located at the building's epicenter. Its beauty stands out from its entrance, flanked by two marble columns sculpted in the form of a woman, to the plasterwork of the impressive suspended ceiling that covers the ample central space.

The Maggiolo Hall, where the Central Governing Board meets, is another focal point for the university community. This key governance space features a magnificent table as its standout element. This oval table enables equal participation in each session.

Photograph: School of Psychology, Udelar.







Photograph: Official site of the Republic of Uruguay. gub.uy.

National Library

The National Library of Uruguay is the largest and oldest public library in the country. It stores, organizes, preserves, disseminates, and promotes research on the collection of printed material produced throughout the country. It also safeguards other artistic objects it has collected over the years.

Please show your identity card or passport to access the bibliographic collection of the library's Artigas Hall, where you will find national and foreign books, magazines, newspapers, and leaflets. Office hours: Monday to Friday, from 9 a.m. to 5 p.m

Address:
Avenida 18 de Julio 1790

Municipal Palace

Address:
Av. 18 de Julio 1360

More info:
montevideo.gub.uy

The Municipal Palace, on 18 de Julio Avenue, in the heart of the city, is the primary seat of the Government of Montevideo. Its esplanade has consolidated as a classic meeting place that holds artistic activities, fairs, and public events. The building houses spaces such as the Museum of the City and an exhibition hall.

The central tower, almost 80 meters high, dominates the cityscape and houses a public lookout offering a unique panoramic view of Montevideo. The lookout is open every day from 10 a.m. to 6 p.m. The last admission is at 5:30 p.m.

Photograph: Artigas Pessio, Seat of the Government of Montevideo.





Photograph: Santiago Mazzarovich, Government of Montevideo.

Old City (Montevideo)

Montevideo's old city was founded in 1726 as a Spanish stronghold and is the city's original core. The area preserves many colonial and 19th-century buildings that reflect Uruguay's architectural and cultural evolution. The area's cobblestone streets, squares, and heritage buildings create a distinctive atmosphere that makes it a place of great historical and touristic value.

The Sarandí pedestrian street, which runs through the area, is one of the major tourist attractions, while the Mercado del Puerto is an emblematic spot to enjoy the local gastronomy. The Zabala and Matriz squares—where you can visit the Matriz Cathedral, a national historic monument—are other landmarks that combine history and beauty. The Old City also houses museums, art galleries, theaters, bars, restaurants, and stores.

Independence Square

The monument to the Uruguayan hero José Gervasio Artigas, which guards the entrance to what used to be his mausoleum, is one of Montevideo's icons. The memorial is located in the center of Independence Square, a space that connects the Old City and Downtown. It is also an event venue and a meeting point for Montevideans.

Several of the city's most outstanding buildings surround the square, including the Citadel Gate, the Salvo Palace, and the Solis Theater. The Estévez Palace and the Executive Tower of the national Government—two references of Uruguayan political institutionality—are also located here.

Address: End of 18 de Julio Avenue, limit between Ciudad Vieja and Downtown.

Photograph: Martin Atme, Government of Montevideo.





Solis Theater

As Uruguay's leading performing arts venue, the Solís Theater offers a wide range of national and international shows. The theater has three permanent ensembles: the National Comedy, the Montevideo Philharmonic Orchestra, and the Montevideo Symphonic Band. This allows the institution to include high-level artistic productions made in Uruguay in its programming.

The theater also offers guided tours for those interested in learning about its different rooms and the history of the building, which opened in 1856 and is an architectural reference in the city and one of its prime tourist attractions.

Address:
Reconquista S/N corner of Bartolomé Mitre

Website:
teatrosolis.org.uy

Official Broadcasting, Performances and Shows Service (Sodre)

Address:
Adela Reta Auditorium
Andes 1459

Website:
sodre.gub.uy

Sodre, the Official Broadcastings, Performances and Shows Service, has a varied program that includes music, dance, theater, cinema and other cultural expressions. Sodre is a fundamental pillar of national arts. It has venues that accommodate diverse artistic expressions to host a range of national and international artistic shows as part of its programming. These include the Adela Reta, Nelly Goitiño and Vaz Ferreira auditoriums.

The Sodre is home to many artistic groups of national reach: the Symphony Orchestra, the Chamber Music Ensemble, the National Choir, the National Ballet, the Youth Orchestra, the Children's Choir, and the Youth Choir. The institution also has an educational role, providing artistic training through its schools and being committed to providing Uruguayans with democratic access to culture.

Photograph: sodre.gub.uy





Aguada (Montevideo)

School of Medicine

Founded on 15 December 1875, the School of Medicine is one of Udelar's pioneering services. Its headquarters have been in the La Aguada neighborhood since 1911, in a building with a rich neoclassical architectural history that has been declared a National Historic Monument.

Website:
fmed.edu.uy

The Anatomy Museum is located inside the building, at the intersection of General Flores and Isidoro de María streets. Visitors to the museum can find unique anatomical pieces, many over 100 years old, antique surgical material and articulated bone pieces. In addition, there is a period amphitheater still in excellent condition that gives us an idea of what dissection classes looked like in the institution's early days.

The space is open to the public on Tuesdays, Wednesdays, and Thursdays from 1 p.m. to 4 p.m., although access to the museum may change in August and December.

Legislative Palace

Address:
Avenida de las Leyes

More info:
parlamento.gub.uy/
sobreelparlamento/palacio

Seat of the Legislative Branch of the Uruguayan State, the Legislative Palace is one of Uruguay's most emblematic buildings and one of its urban landmarks. Inaugurated on 25 August 1925 to commemorate the centennial of the Declaration of Independence, it houses the Senate and House of Representatives, as well as various parliamentary offices.

The Palace, declared a National Historic Monument in 1975, is a point of tourist and patrimonial interest. Its neoclassical architecture, with Renaissance influences, is characterized by its imposing marble façade and rich interior decoration, including sculptures, stained-glass windows, and national works of art. There are guided tours of the building from Monday to Friday at 11 a.m. in Spanish and Portuguese and at 3 p.m. in Spanish and English.





Photograph: descubrimontevideo.uy

Contemporary Art Space

Address:
Arenal Grande 1930

The Contemporary Art Space promotes the creation, research, training and exhibition of contemporary art through open calls, temporary exhibitions, workshops, lectures and residencies for national and international artists. It opened in 2010 and is located in the former Miguelete Prison, built in the 19th century with a panopticon design and later restored as a cultural space.

The space hosts different exhibitions throughout the year, with main halls, patios, a photo gallery and accessible squares. It also hosts the National Visual Arts Award of Uruguay. Open from Wednesday to Saturday, 1 p.m. to 7 p.m., and on Sundays, 11 a.m. to 5 p.m. Admission is free for non-residents of Uruguay.

Parque Batlle and Buceo (Montevideo)

Hospital de Clínicas

Website:
hc.edu.uy

The Hospital de Clínicas “Dr. Manuel Quintela,” the main university hospital in Uruguay, is a national reference in training health professionals and providing specialized public health care.

Managed by the School of Medicine, the hospital plays a fundamental role in the practical training of medical students while providing medical care to a large part of the population.

The building, which dates back to 1953, has 23 floors, making it one of the tallest buildings in Montevideo. The construction of the hospital was an architectural milestone in the country, as significant changes were made to the program and construction methodologies.





Centenario Stadium

Declared by FIFA as a Historic Monument of World Football in 1983, the Centenario Stadium is Uruguay's main sports venue. Home to countless soccer competitions, including the 1930 World Cup, and to important artistic shows, the Centenario is an essential part of Uruguay's heritage and a symbol of its identity.

Matches of the Uruguayan Soccer Championship and the Uruguayan National Team allow you to see the stadium from the inside. You can also visit the stadium by going to the Soccer Museum. Located under the Olympic Grandstand, the museum's mission is to preserve the soccer heritage and disseminate the history of Uruguayan, South American, and world soccer.

Address:
José Batlle y Ordoñez Park, on Américo Ricaldoni Avenue.

Website:
estadiocentenario.com.uy

Luisi Janicki: pioneras universitarias (university pioneers) Campus

Located in Montevideo, in the Buceo neighborhood, the Luisi Janicki Campus is the seat of the Vice Presidents of Teaching, Research, Outreach and Activities in the Environment, and their Sectorial Commissions; the Management Vice President; the Coordinating Commission of the Interior; the International Relations Service and the Evaluation and Accreditation Commission.

The Campus's name pays homage to the Luisi Janicki sisters, who hold an essential place in the history of Udelar, since they were among the first women to graduate from the institution.

Inaugurated in August 2021, the Campus is located on the former School of Veterinary Medicine, a building dating back to the beginning of the 20th century. The property has two heritage buildings—Paulina and Inés—which reflect the historical moment of their creation: they embody a modern model of the country, focused on quality education and research as the basis for social and economic growth.





Photograph: Artigas Pessio and Ignacio Turell Montevideo City Council

Parque Rodó (Montevideo)

José Enrique Rodó Park

Recognized as one of Montevideo's main green spaces, the José Enrique Rodó Park features several points of interest within its boundaries and surroundings. Besides ample green space, the park features an artificial lake, a castle/library, and an open area with a direct view of the city's promenade.

The Ramón Collazo Summer Theater, the National Museum of Visual Arts, the School of Engineering and the city's historic amusement park are also located nearby.

Address:
Bounded by the streets Bulevar Artigas, Maldonado, Joaquin Requena, Canelones, Yaro and Rambla Presidente Wilson.

School of Architecture, Design, and Urbanism

Website:
fadu.edu.uy

Address - FADU:
Bv. Gral. Artigas 1031

Address
Museo Casa Vilamajó:
Domingo Cullen 895

Since its inauguration in 1946, the School of Architecture, Design and Urbanism has been a major urban landmark at a strategic crossroads in the city's nerve center. Over the decades, it has become one of the most important landmarks of Montevideo's architecture and one of the most essential Udelar sites to visit.

It houses different areas that can be visited, including an open-air pond, and there are other areas near the building. This is the case of the Vilamajó House Museum, a remarkable example of modern architecture by a leading Uruguayan architect: Julio Vilamajó.

The museum is open on Wednesdays and Saturdays between 10 a.m. and 4 p.m. Admission is free, and guided tours are available. The maximum group size is ten people.





School of Engineering

Founded in 1885, the School of Engineering is one of the first schools at Udelar. The building has been located in Parque Rodó since 1950 and was created by the renowned architect Julio Vilamajó. On 21 August 1975, the building complex was declared a National Historic Monument.

The highlights of the building include the library, which offers a fantastic view of the Montevideo promenade; the José Luis Massera lecture hall; and the building's exterior. The building faces Ramirez Beach, one of the most important tourist spots in the city, as it has numerous emblematic sites, such as the Summer Theater, the amusement park, and the Mercosur Building.

Website:
fing.edu.uy

Address:
Julio Herrera y Reissig 565

School of Information and Communication

Website:
fic.edu.uy

Address:
San Salvador 1944

The School of Information and Communication was inaugurated in 2017 and is considered one of the most modern at Udelar. The building has four floors, with the university community having access to audio and video recording and editing rooms, a lecture hall with film projection facilities, and a television and radio studio that is a national reference.

There is also a state-of-the-art library that provides reading tables, group study booths, and computer and movie-viewing equipment. The library also offers Wi-Fi and a terrace for working and reading. Opening hours: Monday to Friday, 8 a.m. to 7:30 p.m.

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Photograph: CDF, Government of Montevideo.

National Museum of Visual Arts

With over 110 years of history, the National Museum of Visual Arts is one of the most important art museums in the country. Visitors will find works by renowned Uruguayan artists, including Juan Manuel Blanes, Petrona Viera, and Pedro Figari, in the museum's permanent exhibition. They can also enjoy various exhibitions that vary over time. The museum is open for visits from Tuesday to Sunday, from 1 p.m. to 8 p.m.

Address:
Tomás Giribaldi 2283 corner of Julio Herrera y Reissig

Cerro (Montevideo)

APEX Cerro

Website:
apex.edu.uy
Address:
Haití 1606 – Cerro

APEX, created in 1993 by Udelar, is an integral community program based in the west zone of Montevideo, specifically in the Cerro neighborhood. It seeks to connect university services and the community in an integrated and coordinated way, associating university functions and assistance, working with institutions and organizations (state, civil society and citizens) that share its objectives.

In its early years, the Program aimed to bring the University closer to the territory to transform existing health care in the neighborhood and thereby improve the population's quality of life. Over time, this goal was expanded to develop a program that included the community and neighborhood and facilitated the articulation of action projects in each neighborhood with university curricular practices, health services, educational centers, and community organizations.





Photograph: Monica Riet, Government of Montevideo

Cerro Fortress

Located at the top of the Cerro de Montevideo, west of the city, the Cerro Fortress is a historic military construction inaugurated in 1839 to defend the bay of Montevideo and control maritime access to the port. Today, the fortress is a military museum that chronicles the building's relationship to regional history and exhibits a sample of the historical evolution of the national armament.

Address:
José Batlle y Ordóñez S/N,
Cerro de Montevideo.

Integrated Metropolitan Program

Website
pim.udelar.edu.uy
Address:
Ruta 8 km 17.900.

The Integral Metropolitan Program (PIM) is an Udelar program that works directly in the northeastern neighborhoods and localities of Montevideo. It integrates university teaching, research, and outreach by encouraging joint work among different disciplines and the exchange of knowledge among university members and social actors.

The PIM's main objective is to strengthen the link between the University and society. To achieve this, it promotes activities that address territory-based problems across different areas of knowledge and respond to the needs of popular sectors of society.







School of Agronomy

The main building of the School of Agronomy is located on Avenida Eugenio Garzón, between Avenida Millán and María Orticochea. Inaugurated on 12 September 1909, the work features a modernist architectural style typical of its time.

The School has two facilities divided by Av. Eugenio Garzón. To the west of said avenue, we find the area called “Granja,” where a model farm was initially located and which now houses a green space with classrooms. On the other side, to the east of the avenue, we find the historical School building, with different areas to visit, including laboratories, multipurpose spaces and classrooms.

In addition, the premises also hold a significant surface area, the School’s Botanical Garden, with a large number of tree species covering most of the land. The Garden has been key in training agronomy professionals, as well as in educating and providing recreation for the public.

Website:
portal.fagro.edu.uy

To book the tours, please send an email to:
comunicacion@fagro.edu.uy

Museum of Memory

Address:
Instrucciones 1057 corner of José Batlle y Ordoñez

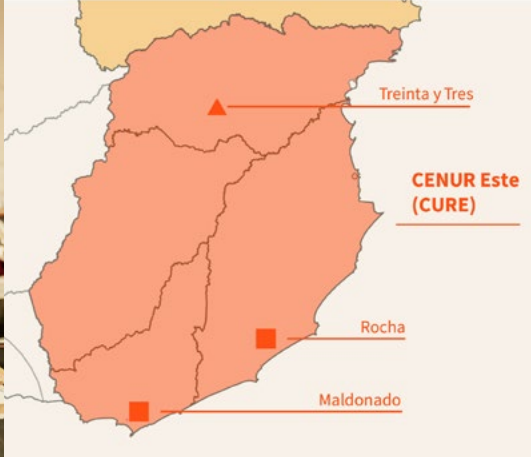
The Museum of Memory is a space for reflecting on human rights that preserves and disseminates the historical memory related to State terrorism and resistance to authoritarianism. The museum is located in the former country house of Máximo Santos, representative of 19th-century militarism and dictator during that period. The house and the park are a National Historical Monument and the only example of an unmodified 19th-century park of its kind in Montevideo.

The museum offers free guided tours open to the public. No prior registration is required. The tours take place every Saturday at 3 pm. If you wish to delve into Uruguay's recent history, consult the Sites of Memory network, which provides information on sites to visit (https://sitiosdememoria.uy/acerca-de-lugares).

Photograph: Verónica Caballero, Government of Montevideo







East

East Region University Center – Udelar

This center was created in 2007 as part of a decentralization process to take higher education outside Montevideo and closer to the other regions of Uruguay. Udelar has operated in Maldonado, Rocha, Treinta y Tres and Lavalleja since the early 2000s. The center covers the university campuses located in Maldonado, Rocha, and Treinta y Tres.

The first campus was opened in Maldonado in 2012. It is a modern building of 4,000 m2 that houses classrooms, laboratories, and a library. Also inaugurated in 2012, the Rocha campus houses the CURE Astronomical Observatory, created in 2016, which has a state-of-the-art telescope for research. In 2016, the Treinta y Tres campus was inaugurated, located on a campus for teaching, research, and innovation shared with other research and teaching institutions.

Location:

Maldonado - Av. Cachimba del Rey between Bvar. Artigas and Av. Aparicio Saravia.

Rocha – Ruta 9, intersection with Ruta 15

Treinta y Tres - Ruta 8 km 282

Atchugarry Museum of Contemporary Art

More info:
macamuseo.org
Location:
Ruta 104 km 4.5

Located in the department of Maldonado, the Atchugarry Museum of Contemporary Art (MACA) was supported by Uruguayan sculptor Pablo Atchugarry and built by the Foundation that bears his name.

Located on a 40-hectare site, the museum features a modern building housing rooms for various artistic expressions, as well as a sculpture park.

The museum houses a permanent collection of over 500 works and includes temporary exhibitions presenting the work of local and international artists. Admission is free and the museum opens daily from 10 a.m. to 6 p.m., except on Tuesdays.

Photograph: MACA macamuseo.org







Photograph: casapueblo.com.uy

Casa Pueblo

"Built in open struggle against the straight line and following the concept of a bread oven, it is the ultimate work in the architecture of Carlos Páez Vilaró [artist], who modeled it with his own hands for over forty years." This is how Casa Pueblo's website describes the emblematic museum-workshop where Vilaró "lived, worked and treasured his collections."

The construction is one of the most important tourist attractions in eastern Uruguay. It combines its great architectural beauty with a spectacular view, which peaks during "the sun ceremony", an event that takes place at sunset and features the landscape accompanied by a recording of the artist's voice narrating a poem.

Visitors to the museum can also tour its interior, where they will find rooms displaying paintings, ceramics, and sculptures from different stages of Vilaró's artistic career. The museum is open to the public every day from 10 a.m. to sunset.

Location:
Sierra de la Ballena, Punta Ballena.

Website:
casapueblo.com.uy

Cabo Polonio

Location:
Km 264.5
de la ruta 10.

Known for its natural landscape, with dunes, beaches and an important sea lion reserve, Cabo Polonio is a seaside resort in the department of Rocha. It stands out for its rustic, wild character, with no electricity or running water, and small, rudimentary houses. It was declared a protected area in 2009 to preserve its natural wealth, which is why private vehicles are not allowed to enter the village. You can access the area with authorized trucks or on foot.

The area also has several sites of high interest for the conservation of the nation's cultural heritage, as its surroundings were occupied by prehistoric societies approximately 11,000 years ago. In addition, the Buena Vista hill (the highest point in the area) served as a boundary between the empires of Spain and Portugal from 1750 to 1777, according to the Treaty of Madrid.

Photograph: Official site of the Republic of Uruguay. www.gub.uy





Photograph: Rocha Government www.rocha.gub.uy

Punta del Diablo

Known for its long beaches, dunes, and wild nature with a simple and rustic lifestyle, Punta del Diablo is a coastal town on the Atlantic Ocean. Although it has become one of the most important tourist spots in Uruguay, especially in summer, the town maintains its original imprint through artisanal fishing.

Location:
Sobre el kilómetro 298 de la Ruta 9.

Its dirt streets, colorful houses and proximity to natural parks such as Santa Teresa or the Cabo Polonio reserve make it a special destination. During the high season, which peaks at the start of each new year, Punta del Diablo offers a variety of cultural and culinary options, including craft fairs, live music, and rustic bars and restaurants serving fresh fish and seafood.

North

North Coast University Center – Udelar

Address:
Artigas - Aparticio Saravia 492
Salto - Gral. Rivera 1350
Paysandú - Florida 1065
Río Negro - Barrio Anglo

Created in 2013 as a new academic and administrative structure in Udelar, the University operates in the geographical area comprising the departments of Artigas, Salto, Paysandú and Río Negro since the late 1950s. The Center has two campuses located in Salto and Paysandú, and two student halls in Río Negro and Artigas.

The Salto campus was inaugurated in 2001. The architectural construction, of excellent quality and balance, stands out for its aesthetics, variety, transparency, lighting and views. Other university buildings are on the premises, including the third-level Biosafety Laboratory, which houses various laboratories and scientific departments.

The Paysandú campus opened in 2014, although there had been university activities in the department since 1925 in the current Experimental Station “Dr. Mario A. Cassinoni.” This station, a forerunner in the University’s decentralization process, is located in a large rural area and focuses on teaching, research and outreach activities on science and technology and related areas.







Photograph: Official site of the Republic of Uruguay www.gub.uy

Forests on the Queguay River – Paysandú

Approximately 20,000 hectares make up the Montes del Queguay (Forests on the Queguay River) protected area: a natural reserve that combines that combines marshlands, grasslands, and streams, as well as native plant species and a wide variety of animals. The last Charrúas lived there, leading to frequent discoveries linked to the Charrúa culture, other aboriginal cultures, and the history of our country in the area.

The Queguay River offers visitors activities such as canoeing; you can paddle against the current on a journey through the indigenous mountains. Nature lovers can also hike and appreciate the area's diverse flora and fauna.

Salto Hot Springs

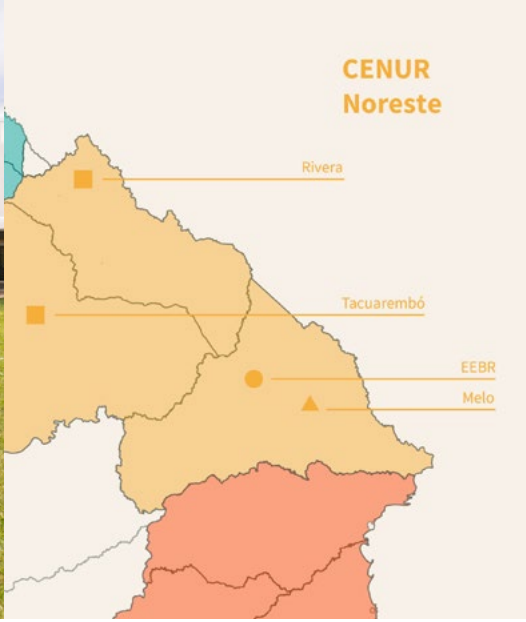
Salto's Hot Springs are a key tourist attraction known for their mineral waters and therapeutic properties. They are a classic destination tour for those who live in and visit Uruguay. Currently, the departmental Government manages two hot spring centers: Termas del Daymán and Termas del Arapey.

On the coast of the Daymán River, 10 km from the city of Salto, the Daymán Hot Spring Center, the Acuamanía water park, the surrounding area, and the La Chinita and Jardines neighborhoods currently comprise a populated center with private residences and natural areas. The Arapey Hot Springs are located 80 km north of Salto, on the banks of the Arapey River. The area has public and private hot spring centers, mountain landscapes, natural countryside, and gardens.

Photograph: Official site of the Republic of Uruguay . www.gub.uy







Northeast

Northeast Regional University Center

Launched at the end of 2019, the Northeast Regional University Center aims to strengthen higher education in the departments of Rivera, Tacuarembó and Cerro Largo, where university activities have been present since the late 1950s.

Over 8,500 m2 have been built since 2002, including classrooms, state-of-the-art laboratories, libraries, IT rooms, offices, and other spaces for the university demos in Rivera, Tacuarembó, and Cerro Largo.

Location:

Cerro Largo
Dr. Herrera 639, Melo

Rivera
Avda.G. Machado Brum 2450

Tacuarembó
Ruta 5, km 386.5

Lunarejo Valley – Rivera

Declared a protected landscape, the Lunarejo Valley, located in the northwest of the department of Rivera, is a region of great ecological and scenic value. Its geography, with flat-topped hills and deep valleys known as *quebradas*, supports a rich biodiversity, including subtropical vegetation and multiple natural habitats such as grasslands, forests, and watercourses.

This ecological diversity is home to many native species, many of them rare or with a limited distribution in the country, including birds such as the *tachurí coludo* and the *maracaná*, as well as mammals such as the small anteater and the margay cat. In addition to its natural wealth, the valley has a valuable historical and cultural heritage, shaped by the interaction between the environment and human activities.

Photograph: Uruguay Natural





Photograph: Municipality of San Gregorio de Polanco. municipiosangregorio.com.uy

San Gregorio de Polanco - Tacuarembó

Known as the “Golden Peninsula,” San Gregorio de Polanco is a small seaside town combining unique natural landscapes with a rich history. Located south of Tacuarembó, the city’s clean, sandy beaches, the dunes along the Río Negro, and its stunning sunsets attract visitors, especially in summer, when the city triples its population.

Besides its natural attractions, San Gregorio stands out for its vibrant cultural offerings. It is home to the first Open Museum of Visual Arts in Uruguay and Latin America, with almost a hundred murals and sculptures adorning the city and transforming it into an open-air gallery. It also houses the Casa Muga Historical Museum, a former warehouse converted into a heritage space that preserves over 400 archaeological pieces.

Udelar's social media

Portal: udelar.edu.uy

Facebook: facebook.com/Udelar

Instagram: @udelar_uy

TikTok: @udelaruy

X: @udelaruy

YouTube: youtube.com/universidaddelarepublica

Central help service

Telephone numbers: 2408 2566 and 2408 9574

Office hours: Monday to Friday, from 9 a.m. to 5 p.m.

Hall of Udelar's main building (Av. 18 de Julio 1824, Montevideo)

Tip: glossary of acronyms

Glossary of Udelar acronyms:
udelar.edu.uy/portal/institucional/comunicacion/siglas/